



# ALL DAY MENU

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## LEBANESE PUMPKIN AND SPICED FALAFEL | \$17.00

Zaatar roasted pumpkin on a spiced falafel patty, sumac labneh, mixed salad with miso and tahini dressing. | GF, VG, V

## VIETNAMESE PORK BANH MI | \$13.00

Lemongrass roast pork served with pickles, in-house sriracha mayo, cucumber and dressing in a crusty roll.

Vegetarian | wood ear mushroom and tofu \$12

## COLOMBIAN AREPAS | \$14.00

Arepas are grilled white cornmeal pockets stuffed with avocado, slow-cooked chipotle mixed beans and grated cheese. | GF, VG, V

Add on fried egg \$2.00 | chorizo \$5.00

## INDONESIAN BERTUTU CHICKEN | \$17.00

Traditional Balinese recipe - roasted free-range maryland chicken marinated with 19 aromatic spices and herbs served with rice, mixed salad, and prawn crackers. | GF

## VIETNAMESE LEMONGRASS CHICKEN | \$16.00

Marinated free-range chicken with fish sand soy sauce, lemongrass and spices served with jasmine rice and mixed salad. | GF

(VG) VEGETARIAN (GF) GLUTEN FREE (V) VEGAN

**PLEASE INFORM OUR STAFF IF YOU HAVE ANY FOOD ALLERGIES OR DIETARY REQUIREMENTS**

**PLEASE ORDER AND PAY AT THE COUNTER**

**FOR CAKES, DAILY SPECIALS AND SNACKS, PLEASE CHECK OUR DISPLAY COUNTER**

## KIDS MENU

Cheese and pumpkin falafel patty | GF, VG \$6.00

Fruit toast with spread \$4.00

House-made waffle | GF, V \$6.00

Spread | butter, house-made strawberry jam,  
house-made hazelnut chocolate spread,  
Ballarat honey

## SIDES

Spread +\$0.50 Chorizo +\$5.00

Chili oil +\$1.00 Roast pork +\$5.00

Fried egg +\$2.00 Avocado +\$4.00

Rice +\$3.00 Mixed salad +\$4.00

**A Pot of Courage is  
A not-for-profit social  
enterprise. Our staff and  
volunteers are from  
diverse cultural  
backgrounds. We  
empower through training  
and employment  
opportunities.**

**Interested in volunteering?**

Please email

[apotofcourage@gmail.com](mailto:apotofcourage@gmail.com)

## OPENING HOURS

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Tuesday to Friday:

9.00 am - 3.00 pm

**(Kitchen closes at 2pm)**

Saturday:

10.00 am - 2.00pm

**Website:**

[apotofcourage.com.au](http://apotofcourage.com.au)



# DRINKS

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## HOT DRINKS

**LONG BLACK / FLAT WHITE /  
LATTE / CAPPUCINO**

Extra shot / Decaf +0.50

Almond milk / Soy Milk / Lactose-free Milk +0.50

**SM \$4.00**

**LG \$4.50**

**HOT CHOCOLATE / MOCHA /  
CHAI LATTE / DIRTY CHAI**

With frothed milk

Almond milk / Soy Milk / Lactose-free Milk +0.50

Baby Chino | \$1.00

**SM \$4.50**

**LG \$4.50**

## TEA BY T2

English Breakfast / French Earl Grey /

Lemongrass & ginger / Peppermint / Green tea

**\$4.00**

## COLD DRINKS

**Daylesford & Hepburn Springs Mineral Water**

Sparkling Water

**\$4.50**

Pineapple Juice / Orange Juice / Orange &  
Passionfruit / Blood Orange

**\$5.00**

mineral water

**\$3.50**

**ICED WITH VANILLA ICE CREAM**

Chocolate / Mocha / Chai / latte / Dirty chai

**\$6.50**

**FEATURING LOCAL SUPPLIERS INCLUDING:**

**HELLBILLY ROASTING**

**GROUNDLED PLEASURES**

**INGLENOOK DAIRY**

**KING'S HOT BREAD AND BAKERY**

**1816 BAKEHOUSE**

**BALLARAT HONEY**

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